



Division	Distance	Canadian Records		Nova Scotia Male Records – March 29, 2009			National Standards*		
		Start of Season	Current	Start of Season	Current	Name and Season	115%	110%	105%
Peewee	111m	14.90	14.90	18.09	18.09	Ashton Wisener 2001-02	17.14	16.39	15.65
	222m	27.58	27.58	31.80	31.80	Louis DeMello 1995-96	31.72	30.34	28.96
	333m	39.97	39.97	43.66	43.66	Louis DeMello 1996-97	45.97	43.97	41.97
	500m	1.00.17	1.00.17	1.06.26	1.06.26	Louis DeMello 1996-97	1.09.20	1.06.19	1.03.18
Bantam	222m	24.60	24.60	27.15	27.15	Chris Oake 1994-95	28.29	27.06	25.83
	333m	35.91	35.91	39.62	39.62	Dayne Anderson 2000-01	41.30	39.50	37.71
	500m	54.30	54.30	59.20	59.20	Chris Oake 1994-95	1.02.45	59.73	57.02
	666m	1.12.83	1.12.83	1.21.06	1.21.06	Chris Oake 1994-95	1.23.75	1.20.11	1.16.47
Midget	333m	32.03	32.03	34.06	34.06	Chris Oake 1996-97	36.83	35.23	33.63
	500m	46.96	46.96	50.78	50.78	Chris Oake 1996-97	54.00	51.66	49.31
	666m	1.03.10	1.03.10	1.10.30	1.10.30	Chris Oake 1996-97	1.12.57	1.09.41	1.06.26
	777m	1.14.29	1.14.29	1.21.33	1.21.33	Chris Oake 1996-97	1.25.43	1.21.72	1.18.00
Juvenile	500m	44.38	44.38	46.87	46.87	Brandon Crane 2002-03	51.04	48.82	46.60
	666m	1:00.24	1:00.24	1:05.30	1:05.30	Brandon Crane 2002-03	1:09.28	1:06.26	1:03.25
	777m	1:10.04	1:10.04	1:13.49	1:13.49	Brandon Crane 2002-03	1:20.55	1:17.04	1:13.54
	1000m	1:31.40	1:31.40	1:36.76	1:36.76	Brandon Crane 2002-03	1:45.11	1:40.54	1:35.97
Junior	500m	43.23	43.23	46.73	46.73	Brandon Crane 2004-05	49.71	47.55	45.39
	777m	1.07.91	1.07.91	1.13.80	1.13.80	Brandon Crane 2004-05	1.18.10	1.14.70	1.11.31
	1000m	1.29.31	1.29.31	1.36.45	1.36.45	Brandon Crane 2004-05	1.42.71	1.38.24	1.33.78
	1500m	2.16.39	2.16.39	2.29.75	2.29.75	Jean-Bernard Roy 2005-06	2.36.85	2.30.03	2.23.21
Inter-Mediate	500m	42.47	42.47	45.27	45.27	Scott Eagle 1994-95	48.84	46.72	44.59
	1000m	1.27.21	1.27.21	1.33.90	1.33.90	Scott Eagle 1994-95	1.40.29	1.35.93	1.31.57
	1500m	2.18.46	2.18.46	2.27.30	2.27.30	Scott Eagle 1994-95	2.39.23	2.32.31	2.25.38
	3000m	4.57.10	4.57.10	5.10.10	5.10.10	Scott Eagle 1994-95	5.41.67	5.26.81	5.11.96
Senior	500m	40.86	40:86	45.95	45.95	Scott Eagle 1995-96	46.99	44.95	42.90
	1000m	1.24.298	1.24.298	1.34.08	1.34.08	Scott Eagle 1995-96	1.36.94	1.32.73	1.28.51
	1500m	2.10.71	2.10.71	2.28.22	2.28.22	Scott Eagle 1995-96	2.30.32	2.23.78	2.17.25
	3000m	4.34.27	4.34.27	5.10.78	5.10.78	Scott Eagle 1995-96	5.15.41	5.01.70	4.47.98
Master 1	500m	47.22	47.22	48.70	48.70	Jim Mullins 1995-96	54.30	51.94	49.58
	777m	1.13.47	1.13.47	1.17.69	1.17.69	Jim Mullins 1995-96	1.24.49	1.20.82	1.17.14
	1000m	1.35.36	1.35.36	1.39.15	1.39.15	Jim Mullins 1996-97	1.49.66	1.44.90	1.40.13
	1500m	2.27.62	2.27.62	2.34.78	2.34.78	Jim Mullins 1996-97	2.49.76	2.42.38	2.35.00
Master 2	500m	47.96	47.96		56.24	Brent Thompson 2008-09	55.15	52.75	50.35
	777m	1.16.51	1.16.51		1.29.91	Brent Thompson 2008-09	1.27.98	1.24.16	1.20.33
	1000m	1.41.74	1.41.74		1.58.31	Brent Thompson 2008-09	1.57.00	1.51.91	1.46.82
	1500m	2.35.50	2.35.50		3.06.05	Brent Thompson 2008-09	2.58.82	2.51.05	2.43.27

**Skater's Ranking %:**

Step 1 – Calculate the Individual Distance % for each of the 4 age class distances by dividing the skater's time in seconds by the record in seconds.

Step 2 – Calculate the skater's ranking % by taking the average of the lowest two Individual Distances %'s found in Step 1.

**\*National Standards:**

Step 1 - Calculate by multiplying the current Canadian Record in seconds for each distance by 115%, 110% and 105%.

Step 2 – Convert the answer in Step 1 back into minutes.

The National Standard times are the times required in each distance to achieve the percentage indicated.

**Qualifying for Nationals as per SSNS Nationals & North Americans Policies & Procedures:**

- 4.2.1 Skaters are in the Bantam to Intermediate Age Class and are registered members for the current season with SSNS and SSC. (Age qualifications for Nationals are currently under review)
- 4.2.2 During the current season the skater must attend at least two meets within the Atlantic Provinces, with one being in Nova Scotia.
- 4.2.3 The skaters PB times obtained during the current season result in a Ranking % of 115.00% or lower, as confirmed by the provincial statistician.
- 4.2.4 A maximum of four skaters per gender & age class categories, can attend, with the lowest ranked skaters having the first options.



Division	Distance	Canadian Records		Nova Scotia Female Records – March 29, 2009			National Standards*		
		Start of Season	Current	Start of Season	Current	Name and Season	115%	110%	105%
Pee wee	111m	15.05	15.05	17.80	17.80	Vanessa Viva 1999-00	17.31	16.56	15.80
	222m	27.87	27.87	31.76	31.76	Vanessa Viva 1999-00	32.05	30.66	29.26
	333m	41.13	41.13	47.63	47.63	Vanessa Viva 1999-00	47.30	45.24	43.19
	500m	1.01.13	1.01.13	1.12.06	1.12.06	Vanessa Viva 1999-00	1.10.30	1.07.24	1.04.19
Bantam	222m	24.50	24.50	27.52	27.52	Anna DeMello 1996-97	28.18	26.95	25.73
	333m	35.84	35.84	40.74	40.74	Mari Somerville 1999-00	41.22	39.42	37.63
	500m	54.58	54.58	1.02.36	1.02.36	Ashley Chaisson 1996-97	1.02.77	1.00.04	57.31
	666m	1.11.99	1.11.99	1.23.24	1.23.24	Jennifer Edge 1996-97	1.22.79	1.19.19	1.15.59
Midget	333m	33.50	33.50	36.93	36.93	Anna DeMello 1997-98	38.53	36.85	35.18
	500m	49.35	49.35	54.14	54.14	Natalie Oake 1993-94	56.75	54.29	51.82
	666m	1.06.79	1.06.79	1.13.34	1.13.34	Anna DeMello 1998-99	1.16.81	1.13.47	1.10.13
	777m	1.18.73	1.18.73	1.25.90	1.25.90	Olivia Gowan 2006-07	1.30.54	1.26.60	1.22.67
Juvenile	500m	47.42	47.42	49.39	49.39	Olivia Gowan 2007-08	54.53	52.16	49.79
	666m	1.03.34	1.03.34	1.05.81	1.05.81	Olivia Gowan 2007-08	1.12.84	1.09.67	1.06.51
	777m	1.14.86	1.14.86	1.18.90	1.18.90	Olivia Gowan 2007-08	1.26.09	1.22.35	1.18.60
	1000m	1.39.02	1.39.02	1.41.67	1.41.67	Olivia Gowan 2007-08	1.53.87	1.48.92	1.43.97
Junior	500m	45.50	45.50	49.36	49.36	Natalie Oake 1996-97	52.33	50.05	47.78
	777m	1.12.70	1.12.70	1.18.17	1.18.17	Natalie Oake 1996-97	1.23.61	1.19.97	1.16.34
	1000m	1.35.63	1.35.63	1.43.60	1.43.60	Natalie Oake 1996-97	1.49.97	1.45.19	1.40.41
	1500m	2.25.99	2.25.99	2.42.25	2.41.06	Elisabeth-Anne Roy 2008-09	2.47.89	2.40.59	2.33.29
Inter-Mediate	500m	46.01	46.01	48.62	48.62	Jo-Anne MacLean 1998-99	52.91	50.61	48.31
	1000m	1.35.87	1.35.87	1.41.92	1.41.92	Jo-Anne MacLean 1998-99	1.50.25	1.45.46	1.40.66
	1500m	2.28.97	2.28.97	2.40.74	2.40.74	Jo-Anne MacLean 1998-99	2.51.32	2.43.87	2.36.42
	3000m	5.17.10	5.17.10	5.48.75	5.48.75	Jo-Anne MacLean 1998-99	6.04.67	5.48.81	5.32.96
Senior	500m	43.839	43.839	45.56	45.56	Jo-Anne MacLean 2003-04	50.41	48.22	46.03
	1000m	1.30.823	1.30.823	1.36.51	1.36.51	Jo-Anne MacLean 2004-05	1.44.45	1.39.91	1.35.36
	1500m	2.21.758	2:21.758	2.32.08	2.32.08	Jo-Anne MacLean 2003-04	2.43.02	2.35.93	2.28.85
	3000m	4.57.389	4:57.389	5.34.72	5.34.72	Jo-Anne MacLean 2003-04	5.42.00	5.27.13	5.12.26
Master 1	500m	54.15	54.15				1.02.27	59.57	56.86
	777m	1.26.54	1.26.54				1.39.52	1.35.19	1.30.87
	1000m	1.54.49	1.54.49				2.11.66	2.05.94	2.00.21
	1500m	2.56.16	2.56.16				3.22.58	3.13.78	3.04.97

**Skater's ranking %:**

Step 1 – Calculate the Individual Distance % for each of the 4 age class distances by dividing the skater's time in seconds by the record in seconds.

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