

Lap Time Sheet - All Distances (Juvenile & Older)

Lap Time	500m		666m		777m		1000m		1500m		3000m	
	1st Half	Time	1st Lap	Time	1st Lap	Time	1st Lap	Time	1st Half	Time	1st Lap	Time
10	7	00:47.0	12	01:02.0	12	01:12.0	12	01:32.0	7	02:17.0	12	04:32.0
10.1	7.05	00:47.5	12.1	01:02.6	12.1	01:12.7	12.1	01:32.9	7.05	02:18.3	12.1	04:34.7
10.2	7.1	00:47.9	12.2	01:03.2	12.2	01:13.4	12.2	01:33.8	7.1	02:19.7	12.2	04:37.4
10.3	7.15	00:48.4	12.3	01:03.8	12.3	01:14.1	12.3	01:34.7	7.15	02:21.0	12.3	04:40.1
10.4	7.2	00:48.8	12.4	01:04.4	12.4	01:14.8	12.4	01:35.6	7.2	02:22.4	12.4	04:42.8
10.5	7.25	00:49.2	12.5	01:05.0	12.5	01:15.5	12.5	01:36.5	7.25	02:23.8	12.5	04:45.5
10.6	7.3	00:49.7	12.6	01:05.6	12.6	01:16.2	12.6	01:37.4	7.3	02:25.1	12.6	04:48.2
10.7	7.35	00:50.1	12.7	01:06.2	12.7	01:16.9	12.7	01:38.3	7.35	02:26.5	12.7	04:50.9
10.8	7.4	00:50.6	12.8	01:06.8	12.8	01:17.6	12.8	01:39.2	7.4	02:27.8	12.8	04:53.6
10.9	7.45	00:51.0	12.9	01:07.4	12.9	01:18.3	12.9	01:40.1	7.45	02:29.2	12.9	04:56.3
11	7.5	00:51.5	13	01:08.0	13	01:19.0	13	01:41.0	7.5	02:30.5	13	04:59.0
11.1	7.55	00:52.0	13.1	01:08.6	13.1	01:19.7	13.1	01:41.9	7.55	02:31.9	13.1	05:01.7
11.2	7.6	00:52.4	13.2	01:09.2	13.2	01:20.4	13.2	01:42.8	7.6	02:33.2	13.2	05:04.4
11.3	7.65	00:52.8	13.3	01:09.8	13.3	01:21.1	13.3	01:43.7	7.65	02:34.6	13.3	05:07.1
11.4	7.7	00:53.3	13.4	01:10.4	13.4	01:21.8	13.4	01:44.6	7.7	02:35.9	13.4	05:09.8
11.5	7.75	00:53.7	13.5	01:11.0	13.5	01:22.5	13.5	01:45.5	7.75	02:37.3	13.5	05:12.5
11.6	7.8	00:54.2	13.6	01:11.6	13.6	01:23.2	13.6	01:46.4	7.8	02:38.6	13.6	05:15.2
11.7	7.85	00:54.6	13.7	01:12.2	13.7	01:23.9	13.7	01:47.3	7.85	02:40.0	13.7	05:17.9
11.8	7.9	00:55.1	13.8	01:12.8	13.8	01:24.6	13.8	01:48.2	7.9	02:41.3	13.8	05:20.6
11.9	7.95	00:55.6	13.9	01:13.4	13.9	01:25.3	13.9	01:49.1	7.95	02:42.7	13.9	05:23.3
12	8	00:56.0	14	01:14.0	14	01:26.0	14	01:50.0	8	02:44.0	14	05:26.0
12.1	8.05	00:56.4	14.1	01:14.6	14.1	01:26.7	14.1	01:50.9	8.05	02:45.4	14.1	05:28.7
12.2	8.1	00:56.9	14.2	01:15.2	14.2	01:27.4	14.2	01:51.8	8.1	02:46.7	14.2	05:31.4
12.3	8.15	00:57.3	14.3	01:15.8	14.3	01:28.1	14.3	01:52.7	8.15	02:48.0	14.3	05:34.1
12.4	8.2	00:57.8	14.4	01:16.4	14.4	01:28.8	14.4	01:53.6	8.2	02:49.4	14.4	05:36.8
12.5	8.25	00:58.2	14.5	01:17.0	14.5	01:29.5	14.5	01:54.5	8.25	02:50.7	14.5	05:39.5
12.6	8.3	00:58.7	14.6	01:17.6	14.6	01:30.2	14.6	01:55.4	8.3	02:52.1	14.6	05:42.2
12.7	8.35	00:59.1	14.7	01:18.2	14.7	01:30.9	14.7	01:56.3	8.35	02:53.5	14.7	05:44.9
12.8	8.4	00:59.6	14.8	01:18.8	14.8	01:31.6	14.8	01:57.2	8.4	02:54.8	14.8	05:47.6
12.9	8.45	01:00.0	14.9	01:19.4	14.9	01:32.3	14.9	01:58.1	8.45	02:56.1	14.9	05:50.3
13	8.5	01:00.5	15	01:20.0	15	01:33.0	15	01:59.0	8.5	02:57.5	15	05:53.0
13.1	8.55	01:01.0	15.1	01:20.6	15.1	01:33.7	15.1	01:59.9	8.55	02:58.8	15.1	05:55.7
13.2	8.6	01:01.4	15.2	01:21.2	15.2	01:34.4	15.2	02:00.8	8.6	03:00.2	15.2	05:58.4
13.3	8.65	01:01.8	15.3	01:21.8	15.3	01:35.1	15.3	02:01.7	8.65	03:01.6	15.3	06:01.1
13.4	8.7	01:02.3	15.4	01:22.4	15.4	01:35.8	15.4	02:02.6	8.7	03:02.9	15.4	06:03.8
13.5	8.75	01:02.8	15.5	01:23.0	15.5	01:36.5	15.5	02:03.5	8.75	03:04.3	15.5	06:06.5
13.6	8.8	01:03.2	15.6	01:23.6	15.6	01:37.2	15.6	02:04.4	8.8	03:05.6	15.6	06:09.2
13.7	8.85	01:03.6	15.7	01:24.2	15.7	01:37.9	15.7	02:05.3	8.85	03:07.0	15.7	06:11.9
13.8	8.9	01:04.1	15.8	01:24.8	15.8	01:38.6	15.8	02:06.2	8.9	03:08.3	15.8	06:14.6
13.9	8.95	01:04.6	15.9	01:25.4	15.9	01:39.3	15.9	02:07.1	8.95	03:09.6	15.9	06:17.3
14	9	01:05.0	16	01:26.0	16	01:40.0	16	02:08.0	9	03:11.0	16	06:20.0
14.1	9.05	01:05.4	16.1	01:26.6	16.1	01:40.7	16.1	02:08.9	9.05	03:12.4	16.1	06:22.7
14.2	9.1	01:05.9	16.2	01:27.2	16.2	01:41.4	16.2	02:09.8	9.1	03:13.7	16.2	06:25.4
14.3	9.15	01:06.4	16.3	01:27.8	16.3	01:42.1	16.3	02:10.7	9.15	03:15.1	16.3	06:28.1
14.4	9.2	01:06.8	16.4	01:28.4	16.4	01:42.8	16.4	02:11.6	9.2	03:16.4	16.4	06:30.8
14.5	9.25	01:07.2	16.5	01:29.0	16.5	01:43.5	16.5	02:12.5	9.25	03:17.8	16.5	06:33.5
14.6	9.3	01:07.7	16.6	01:29.6	16.6	01:44.2	16.6	02:13.4	9.3	03:19.1	16.6	06:36.2
14.7	9.35	01:08.2	16.7	01:30.2	16.7	01:44.9	16.7	02:14.3	9.35	03:20.4	16.7	06:38.9
14.8	9.4	01:08.6	16.8	01:30.8	16.8	01:45.6	16.8	02:15.2	9.4	03:21.8	16.8	06:41.6
14.9	9.45	01:09.0	16.9	01:31.4	16.9	01:46.3	16.9	02:16.1	9.45	03:23.1	16.9	06:44.3
15	9.5	01:09.5	17	01:32.0	17	01:47.0	17	02:17.0	9.5	03:24.5	17	06:47.0