

There were **16 Nova Scotia skaters** in attendance **November 6 and 7<sup>th</sup>, 2010** at the **2010 Atlantic Cup** held in **Charlottetown, Prince Edward Island**.

This event incorporated many of the new Long Term Athlete Development guidelines with new distances and racing formats. The skaters achieved **55 personal best times**.

Congratulations to **our 5 medal recipients**:

Division 1 Female – Elisabeth-Anne Roy – Dartmouth – Silver

Division 3 Male – Noah Ferguson-Losier – Dartmouth – Bronze

Division 5 Male – Ben Smith – North Side Blades – Gold

Division 6 Male – Sebastian Chambers – Dartmouth – Gold

Division 8 Male – Sam Jobes – North Side Blades – Gold