

SPORTS IN BRIEF

Tue, March 24th, 2009

Roy off to Canadian short track event

Elisabeth-Anne Roy will be the lone representative for Nova Scotia at the upcoming Canadian Age Class Short Track Speed Skating Championships in Cambridge, Ont.

Roy, who represents the Dartmouth Speed Skating Club, will compete at the junior women's level. Her first event will be on Thursday.

Roy had the fastest times for a Nova Scotia junior female in four separate events this year – the 500 metres (51.54), 777 metres (1.21.51), 1,000 metres (1.46.19) and 1,500 metres (2.46.29).

Roy will be one of the top Nova Scotia skaters for the 2011 Canada Games in Halifax

SPORTS IN BRIEF

Tue, March 31st, 2009

Roy sets N.S. speedskating record

Elisabeth-Anne Roy saved her best for last at the Canadian short track speedskating championships, setting a new Nova Scotia record in her final race on the weekend.

Competing in Cambridge, Ont., the Dartmouth skater finished the junior female 1,500 metres in a time of 2:41.06 to eclipse the provincial mark of 2:42.25 that Natalie Oake of Cape Breton set in the 1996-97 season.

Roy also came within a second of erasing provincial records in three other distances and ended up shaving more than 10 seconds off her personal bests in the 500m, 777m, 1,000m and 1,500m.

In the Canadian championships for the first time, Roy placed 15th overall. She was 14th in the 777m, 15th in the 1,000m and 1,500m and 16th in the 500m.

"It was great to see her skate that fast and to be consistent at the same time," said her coach, Neill Evans.